

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
<b>Morning</b>	<p><b>Wiggly Jiggles</b> 9.30 - 10.15 (walkers) 10.30 - 11.15 (crawlers) Music, movement &amp; play for children aged 6 months - 3years</p>	<p><b>Child Safety &amp; Basic First Aid</b> 9.30 - 11.00 A 4 week course on how to prevent accidents in &amp; around the home.</p> <p><b>Less Shouting, More Co-operation</b> 9.15 - 11.30 A 5 week course for parents/carers to help you &amp; your child get along. Phone to find out more &amp; to book a place.</p> <p><b>Information &amp; Resource Service</b> 9.30 - 12.00 at Fenham Library. Find out from Dawn about Education, Childcare, Training, returning to work, services in your area plus help &amp; advice on benefits, tax credits, completing forms &amp; much more.</p>	<p><b>Family Breakfast Club at Denton Burn Community Centre</b> 9.30 - 11.00 Come along and meet other mums, dads and carers for a healthy breakfast &amp; an arts &amp; crafts activity</p> <p><b>School Nurse Drop-in</b> Last Wednesday of every month 9.00 - 10.00</p>		<p><b>Baby Yoga</b> 9.30 - 10.30 On going. Follow up your baby massage with a 5 week yoga course. Please ring to book a place.</p>	<b>Morning</b>
<b>Afternoon</b>	<p><b>Baby massage</b> 1.00 - 2.30 On-going. 4 week course for babies from 2 months. Please ring to book a place.</p>	<p><b>Little Explorers @ Fenham</b> 1.30 - 3.00 Play &amp; early learning opportunities for parents/carers and children aged 1-2 years</p>	<p><b>Baby Social</b> 1.00 - 3.00 For babies up to 12 months—a chance to spend quality time with your baby &amp; meet other parents &amp; carers</p> <p><b>Breastfeeding Workshop</b> 27 Feb, 30 April 1.00 - 3.00 Support &amp; advice</p>	<p><b>Happy Hippos</b> 1.30 - 3.00 Story, rhyme and free time inc. snack. For 2 to pre-school age</p>	<p><b>Exercise Class</b> Details to be confirmed.</p>	<b>Afternoon</b>

